THE MANIFEST PROGRAM

A 3-MONTH REMOTE PROGRAM TO DREAM, SHAPE AND DEVELOP YOUR ARTISTIC PROJECT IN LIVE-ARTS OR FILM

14TH APRIL - 7TH JULY

INTRODUCTION

“We need your stories. We need them now.”

The Solo School has developed a brand-new course, offering you a way to spaciously nurture the stories that are calling you and to rise into your creative process.

The Manifest Program calls on artists to develop works that are personally meaningful and speak to our changing times.

The program offers a 3-month journey designed for artist-makers seeking to build and manifest a creative project across live-arts or film. It is a program of experimentation, deep exploration and active research where artists can receive the support for their work within a making community.

STRUCTURE

Through a spacious and supportive making framework with regular videos and course materials, The Manifest Program follows a 3-part monthly design: Dreaming, Shaping, and Manifestation.

Each month, you'll engage in a dynamic making framework, diving into initial concepts, mapping ideas, and participating in creative writing exercises and artistic assignments.

There are regular group sessions and online making weekends that will empower your making process through creative tasks. You'll have the opportunity to share and witness work and discuss your creative process, while also benefiting from insights provided by guest artists.

THE MANIFEST PROGRAM 2026

TIMES (ALL UK TIME)

DREAMING

Opening Group Meeting -
Tuesday 14th April, 16:00-17:30

Group 'Drop-in' -
Tuesday 21st April, 18:00-19:30

Making Weekend -
Saturday 9th May, 09:30-11:30 &
Sunday 10th May, 16:00-18:00

SHAPING

Group 'Drop-in' -
Tuesday 19th May, 18:00-19:30

Making Weekend -
Saturday 6th June, 09:30-11:30 &
Sunday 7th June, 16:00-18:00

MANIFESTATION

Group 'Drop-in' -
Tuesday 16th June, 18:00-19:30

Making Weekend -
Saturday 4th July, 09:30-11:30 &
Sunday 5th July, 16:00-18:30

Closing Group Session -
Tuesday 7th July, 16:00-17:30

Sessions with guest artists tbc

WHAT YOU RECEIVE

27 HOURS OF CONTACT TIME!

4 flexible one-to-one sessions worth 3 hours
5 Group sessions worth 7.5 hours
3 Guest artist sessions worth 4.5 hours
3x Making Weekends worth 12 hours
4 hours of video content

At the end, you will have:

- Enriched your creative practice
- Developed approaches to investigate and shape your ideas
- Explored ways of making that empower your process of working alone
- Connected with a group of international artists
- Made links with a growing artistic community
- Received one-to-one mentorship and guidance to encourage your creative way

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INVESTMENT

£495

Paid in full, or split into 3 monthly payments of £165

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HERE TO EMPOWER YOUR CREATIVE WORLD